

Juicee Crush

Nutrition Information

APPLE

Average Quantity	Per 250mL	%DI* Per 250mL
Energy	451kJ	5%
Protein	<1g	<1%
Fat – Total	<1g	<1%
- Saturated	<1g	<1%
Carbohydrate	26.5g	9%
- Sugars	23.8g	29%
Dietary Fibre	<1g	<1%
Sodium	13mg	<1%
Vitamin C	25mg	62%(†RDI)

*Percentage Daily Intakes are based on an average adult diet of 8,†700kJ.
Your daily intakes may be higher or lower depending on your energy needs.
†Recommended Dietary Intake

Ingredients

INGREDIENTS: Reconstituted Apple Juice (99.7%), Food Acid (Citric Acid), Natural Flavour, Vitamin C.

10 FRUITS

Average Quantity	Per 250mL	%DI* Per 250mL
Energy	468kJ	6%
Protein	<1g	<1%
Fat – Total	<1g	<1%
- Saturated	<1g	<1%
Carbohydrate	27.5g	9%
- Sugars	26.8g	30%
Dietary Fibre	<1g	<1%
Sodium	13mg	<1%
Vitamin C	25mg	62%(†RDI)

*Percentage Daily Intakes are based on an average adult diet of 8,†700kJ.
Your daily intakes may be higher or lower depending on your energy needs.
†Recommended Dietary Intake

Ingredients

Reconstituted Fruit Juices (99.7%) [Apple (77.2%), Orange (10%), Grape (4%), Apricot (4%), Peach (2%), Pear (0.5%), Mango (0.5%), Lemon (0.5%), Passionfruit (0.5%), Guava Puree (0.5%)], Natural Flavour, Food Acid (Citric Acid), Vitamin C, Natural Colour (160a).

APPLE BLACKCURRANT

Average Quantity	Per 250mL	%DI* Per 250mL
Energy	465kJ	5%
Protein	1g	2%
Fat – Total	<0.3g	<1%
- Saturated	0g	0%
Carbohydrate	26.2g	8%
- Sugars	22.2g	25%
Dietary Fibre	<1g	<1%
Sodium	20mg	<1%
Vitamin C	25mg	62%(†RDI)

*Percentage Daily Intakes are based on an average adult diet of 8,†700kJ.
Your daily intakes may be higher or lower depending on your energy needs.
†Recommended Dietary Intake

Ingredients

Reconstituted Fruit Juices (99.7%) [Apple (94.8%), Blackcurrant (4.9%)], Food Acid (Citric Acid), Natural Flavour, Vitamin C, Natural Colour (163).

APPLE MANGO BANANNA

Average Quantity	Per 250mL	%DI* Per 250mL
Energy	468kJ	5%
Protein	<1g	<1%
Fat – Total	<1g	<1%
- Saturated	<1g	<1%
Carbohydrate	27.5g	9%
- Sugars	26.8g	30%
Dietary Fibre	<1g	<1%
Sodium	13mg	<1%
Vitamin C	25mg	62%(†RDI)

*Percentage Daily Intakes are based on an average adult diet of 8,†700kJ.
Your daily intakes may be higher or lower depending on your energy needs.
†Recommended Dietary Intake

Ingredients

Reconstituted Fruit Juices (99.7%) [Apple (93.7%), Mango Puree (5%), Banan Puree (1%)], Food Acid (Citric Acid), Natural Flavours, Vitamin C, Natural Colour (163).

ORANGE

Average Quantity	Per 250mL	%DI* Per 250mL
Energy	428kJ	5%
Protein	2g	4%
Fat – Total	<1g	0%
- Saturated	0g	0%
Carbohydrate	22.0g	7%
- Sugars	19.3g	21%
Dietary Fibre	<1g	<1%
Sodium	10mg	<1%
Vitamin C	40mg	100%(†RDI)

*Percentage Daily Intakes are based on an average adult diet of 8,†700kJ.
Your daily intakes may be higher or lower depending on your energy needs.
†Recommended Dietary Intake

Ingredients

Reconstituted Orange Juice (99.7%), Food Acid (Citric Acid), Natural Flavour, Vitamin C.

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