

Que Soft Drink

Nutrition Information

COLA

Average Quantity	Per 250mL	%DI* Per 250mL
Energy	457kJ	5%
Protein	0g	0%
Fat – Total	0g	0%
- Saturated	0g	0%
Carbohydrate	26.8g	9%
- Sugars	26.7g	30%
Dietary Fibre	0g	0%
Sodium	13mg	0.5%

*Percentage Daily Intakes are based on an average adult diet of 8,700kJ.
Your daily intakes may be higher or lower depending on your energy needs.

†Recommended Dietary Intake

Ingredients

Carbonated Water, Sugar, Colour (150d), Food Acid (338), Caffeine, Natural Flavour.

LEMONADE

Average Quantity	Per 375mL	%DI* Per 375mL
Energy	701kJ	8%
Protein	0g	0%
Fat – Total	0g	0%
- Saturated	0g	0%
Carbohydrate	41.3g	13%
- Sugars	39.4g	44%
Dietary Fibre	0g	0%
Sodium	68mg	3%

*Percentage Daily Intakes are based on an average adult diet of 8,700kJ.
Your daily intakes may be higher or lower depending on your energy needs.

†Recommended Dietary Intake

Ingredients

Carbonated Water, Sugar, Food Acids (330, 331, 296), Natural Flavour, Preservative (211).

NO SUGAR COLA

Average Quantity	Per 250mL	%DI* Per 250mL
Energy	6kJ	0.1%
Protein	0g	0%
Fat – Total	0g	0%
- Saturated	0g	0%
Carbohydrate	0.3g	0.1%
- Sugars	<0.1g	0.03%
Dietary Fibre	0g	0%
Sodium	38mg	2%

*Percentage Daily Intakes are based on an average adult diet of 8,700kJ.
Your daily intakes may be higher or lower depending on your energy needs.

†Recommended Dietary Intake

Ingredients

Carbonated Water, Colour (150d), Food Acid (338), Sweeteners (952, 950, 955), Preservative (211), Caffeine, Natural Flavour.

PINEAPPLE

Average Quantity	Per 375mL	%DI* Per 375mL
Energy	701kJ	8%
Protein	0g	0%
Fat – Total	0g	0%
- Saturated	0g	0%
Carbohydrate	41.3g	13%
- Sugars	40.5g	45%
Dietary Fibre	0g	0%
Sodium	38mg	2%

*Percentage Daily Intakes are based on an average adult diet of 8,700kJ.
Your daily intakes may be higher or lower depending on your energy needs.

†Recommended Dietary Intake

Ingredients

Carbonated Water, Sugar, Food Acid (330), Natural Flavour, Natural Colours (161b, 163), Preservative (211).

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