

Ceda Creaming Soda Soft Drink

Nutrition Information

CLASSIC

Average Quantity	Per 250mL	%DI* Per 250mL
Energy	436kJ	5%
Protein	0g	0%
Fat – Total	0g	0%
- Saturated	0g	0%
Carbohydrate	25.6g	8%
- Sugars	25.6g	28%
Dietary Fibre	-	-
Sodium	28mg	1%

*Percentage Daily Intakes are based on an average adult diet of 8,700kJ.
Your daily intakes may be higher or lower depending on your energy needs.
†Recommended Dietary Intake

Ingredients

Carbonated Water, Sugar, Flavour, Food Acid (Citric),
Preservative (211), Colour (122).

ORANGE FLAVOURED CREAMING SODA

Average Quantity	Per 250mL	%DI* Per 250mL
Energy	478kJ	5%
Protein	0g	0%
Fat – Total	0g	0%
- Saturated	0g	0%
Carbohydrate	28.1g	9%
- Sugars	28.1g	31%
Dietary Fibre	-	-
Sodium	28mg	1%

*Percentage Daily Intakes are based on an average adult diet of 8,700kJ.
Your daily intakes may be higher or lower depending on your energy needs.
†Recommended Dietary Intake

Ingredients

Carbonated Water, Sugar, Food Acid (Citric), Natural Flavours,
Preservative (211), Colours (120, 160a).

LIME FLAVOURED CREAMING SODA

Average Quantity	Per 250mL	%DI* Per 250mL
Energy	448kJ	5%
Protein	0g	0%
Fat – Total	0g	0%
- Saturated	0g	0%
Carbohydrate	26.3g	8%
- Sugars	26.3g	29%
Dietary Fibre	-	-
Sodium	28mg	1%

*Percentage Daily Intakes are based on an average adult diet of 8,700kJ.
Your daily intakes may be higher or lower depending on your energy needs.
†Recommended Dietary Intake

Ingredients

Carbonated Water, Sugar, Natural Flavours, Food Acid (Citric),
Preservative (211), Colours (102, 103, 133).

VANILLA FLAVOURED CREAMING SODA

Average Quantity	Per 250mL	%DI* Per 250mL
Energy	450kJ	5%
Protein	0g	0%
Fat – Total	0g	0%
- Saturated	0g	0%
Carbohydrate	26.5g	9%
- Sugars	26.5g	29%
Dietary Fibre	-	-
Sodium	28mg	1%

*Percentage Daily Intakes are based on an average adult diet of 8,700kJ.
Your daily intakes may be higher or lower depending on your energy needs.
†Recommended Dietary Intake

Ingredients

Carbonated Water, Sugar, Natural Flavour, Food Acid (Citric),
Preservative (211), Colour (150d).

PASSIONFRUIT FLAVOURED CREAMING SODA

Average Quantity	Per 250mL	%DI* Per 250mL
Energy	425kJ	5%
Protein	0g	0%
Fat – Total	0g	0%
- Saturated	0g	0%
Carbohydrate	25.0g	8%
- Sugars	25.0g	28%
Dietary Fibre	-	-
Sodium	28mg	1%

*Percentage Daily Intakes are based on an average adult diet of 8,700kJ.
Your daily intakes may be higher or lower depending on your energy needs.
†Recommended Dietary Intake

Ingredients

Carbonated Water, Sugar, Food Acid (Citric), Natural Flavours,
Preservative (211), Natural Colours (161b, 120).

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