

LA Ice Soft Drink

Nutrition Information

LA ICE ORIGINAL

Average Quantity	Per 250mL	%DI* Per 250mL
Energy	446kJ	5%
Protein	0g	0%
Fat – Total	0g	0%
- Saturated	0g	0%
Carbohydrate	26.3g	8%
- Sugars	26.3g	29%
Dietary Fibre	0g	0%
Sodium	13mg	1%

*Percentage Daily Intakes are based on an average adult diet of 8,700kJ.
Your daily intakes may be higher or lower depending on your energy needs.
†Recommended Dietary Intake

Ingredients

Carbonated Water, Sugar, Colour (150d), Food Acid (338),
Caffeine, Natural Flavour. CONTAINS CAFFEINE.

LA MAXI ICE

Average Quantity	Per 250mL	%DI* Per 250mL
Energy	2kJ	0.02%
Protein	0g	0%
Fat – Total	0g	0%
- Saturated	0g	0%
Carbohydrate	0g	0%
- Sugars	0g	0%
Dietary Fibre	0g	0%
Sodium	34mg	1%

*Percentage Daily Intakes are based on an average adult diet of 8,700kJ.
Your daily intakes may be higher or lower depending on your energy needs.
†Recommended Dietary Intake

Ingredients

Carbonated Water, Colour (150d), Food Acid (338), Sweeteners
(952, 955, 950), Preservative (211), Caffeine, Natural Flavour.
CONTAINS CAFFEINE.

LA ICE NO SUGAR COLA

Average Quantity	Per 250mL	%DI* Per 250mL
Energy	6kJ	0.1%
Protein	0g	0%
Fat – Total	0g	0%
- Saturated	0g	0%
Carbohydrate	0.3g	0.1%
- Sugars	0g	0%
Dietary Fibre	0g	0%
Sodium	38mg	2%

*Percentage Daily Intakes are based on an average adult diet of 8,700kJ.
Your daily intakes may be higher or lower depending on your energy needs.
†Recommended Dietary Intake

Ingredients

Carbonated Water, Colour (150d), Food Acid (338), Sweeteners
(952, 950, 955), Preservative (211), Caffeine, Natural Flavour.
CONTAINS CAFFEINE.