

Lido Lemonade Soft Drink

Nutrition Information

| Average Quantity | Per 250mL | %DI* Per 250mL |
|------------------|-----------|----------------|
| Energy | 446kJ | 5% |
| Protein | 0g | 0% |
| Fat – Total | 0g | 0% |
| - Saturated | 0g | 0% |
| Carbohydrate | 26.3g | 8% |
| - Sugars | 26.3g | 29% |
| Dietary Fibre | 0g | 0% |
| Sodium | 28mg | 1% |

*Percentage Daily Intakes are based on an average adult diet of 8,700kJ.
Your daily intakes may be higher or lower depending on your energy needs.

†Recommended Dietary Intake

Ingredients

Carbonated Water, Sugar, Food Acid (Citric), Natural Flavour, Preservative (211).

Refreshingly Australian

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